

Goals v.s. Wishes

In Martial Arts we learn how we should always set our goals high in order to achieve more. There are differences between goals and wishes! You should always write down your goals on a piece of paper and review them regularly. This action alone will turn your wishes into achievable goals.

The majority of people set goals but unfortunately not too many people can obtain them. Do you know why? To achieve any worthwhile goal you must first be aware of the challenges that you will encounter while reaching them. We call these challenges, obstacles. Whether we want it or not, obstacles are part of our daily life, without them life wouldn't be interesting.

Please visit us online at
www.collingwoodmartialarts.com
and view a live class by
clicking on the moving camera.

Ask about our Awesome
Birthday Parties or pick up a
brochure

Other Programs We Offer

Be sure to inquire about the many Martial Arts Programs available, we have something for everyone!



Little Dragons Program

An age specific program geared towards helping smaller children begin to focus and learn to set small personal goals.



Children's Program

At school age we will begin to promote character development through the use of Martial Arts. Students will learn self-esteem, self-discipline and techniques on how to defeat a bully in a non-violent way.



Adult Program

We offer an in-depth mind, body and spirit curriculum using a format called Lessons in Mindfulness. Life challenges us in so many ways, we will teach you to cope, conquer and exude a positive attitude.



Brazilian Jiu-Jitsu Program

Brazilian Jiu Jitsu is widely recognized throughout the world as one of the most effective ways to defend yourself. Our school provides a beginner program in a comfortable environment teaching defense in a realistic manner, all while providing a great workout.

Collingwood Martial Arts Centre

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Collingwood Martial Arts Centre



Masters Club Program

*Advanced
Martial Arts
Phase 3/4*

www.collingwoodmartialarts.com

What Is The Masters Club?

The Masters Club is an advancement from the Black Belt Club upon earning your Red Belt.

This program will bring the student up a level to focus intensely on technique and pattern structure. They will also be introduced to “BO” training at this level while still advancing in Nunchaku skills.



Benefits and Privileges

Having already demonstrated their ability to succeed through their dedication and commitment in the Black Belt Club; the student will continue to be challenged by focusing more on technique and skills.

BENEFITS

- ☯ Black Masters Club Uniform
- ☯ Masters Club Patch
- ☯ Advanced weapons classes encompassing “BO”, “Kali”, and advanced “Nunchaku”
- ☯ Chest Protector provided
- ☯ Special classes devoted to Masters Club Students
- ☯ Black Belt and 1st Degree Designations Included (Savings of \$850.00)



Monthly Tuition \$136.75

(Includes G.S.T.)

What Are Our Objectives?

Students will still strive to reach their personal best as they did in Black Belt Club. They will now have the opportunity to train with higher belts. By taking them to a higher level of training the student will set higher goals through challenges promoted by our Team. Having a healthy and positive self-image is the key to becoming a Black Belt. The image you have of yourself is what you project to others; self-worth and belief in yourself ensures that others will too. If you expect respect from others and act in ways that deserve respect, you will get it.



Collingwood Martial Arts Centre

Introductory
Quickstart Program
8 Lessons plus uniform
ONLY \$149.00 + Tax
Over \$200 Value
Call Today to Book!