

Collingwood Martial Arts Centre

9495 Hwy #26 East
Collingwood, ON L9Y 3Z1 705-444-0240
www.collingwoodmartialarts.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Private Lessons can be held on Monday, Tuesday, Thursday and Friday by Appointment, times vary	All Adults Novice 9:30 - 10:15 BBC Plus 15 mins MC Plus 30 Mins		All Adults Novice 9:30 - 10:15 BBC Plus 15 mins MC Plus 30 Mins		Adult Thai Kickboxing 8:30 - 9:15
				Little Dragons Age specific 4:30 - 5:00	Red Belt and Higher Boot Camp 9:15 - 10:00
Little Dragons Age specific 5:00 - 5:30	All Phase RBC/BBC All Phase Master's Class 5:00 - 5:45	Little Dragons Age specific 5:00 - 5:30	All Phase RBC/BBC All Phase Master's Class 5:00 - 5:45	Phase 1 Novice White to Green Belt 5:00 - 5:45	Little Dragons Age specific 10:00 - 10:30
All Phase RBC/BBC All Phase Master's Class 5:30 - 6:15	Phase 1 Novice White to Green Belt 5:45 - 6:30	Leadership Class Adult/Child 5:30 - 6:15	Phase 1 Novice White to Green Belt 5:45 - 6:30	All Phase RBC/BBC All Phase Master's Class 5:45 - 6:30	Children's Program Novice, RBC and Masters 10:30 - 11:15
Phase 1 Novice White to Green Belt 6:15 - 7:00	Elite Master's Class Red Belt To Black Belt 6:30 - 7:15	Elite Master's Class Red Belt To Black Belt 6:15 - 7:00	Elite Master's Class Red Belt To Black Belt 6:30 - 7:15	DEMO TEAM / DREAM TEAM Refer to large wall calendar 6:30 - 7:15	
All Adults/Thai Program Novice 7:00 - 7:45	All Adults Novice 7:15 - 8:00	Adult Thai Kickboxing 7:00-7:45	All Adults Novice 7:15 - 8:00	Adult Thai Kickboxing 7:15 - 8:00	
RBC/BBC Plus 15 mins MC Plus 30 Mins	RBC/BBC Plus 15 mins MC Plus 30 Mins		RBC/BBC Plus 15 mins MC Plus 30 Mins	Belt Ceremony is held every three months date will be posted on the monthly calander.	
				Students should be dropped off no earlier than 10 Minutes before their designated class time. Students must be picked up <u>immediately</u> following class.	

3 Month Rotating Curriculum
(GBM) Novice level (white Uniform) Focus is on poomse practice and basic skills.
(RBC/BBC) Intermediate level (Red Uniform) Focus is on kicking, timing drills and sparring. Sparring equipment is mandatory.
"Master's Class" Adv. level (Black Uniform) Weapons training for MC members Personal weapon and Chest Protector is mandatory
"Dream Team" BBC & up Demo Team Practice (if interested please speak to your Instructor)
Ask About Private Lessons! To help you catch up or to just fine tune.

Belt Advancement
Phase 1 White Basic Gold Stripe = 3 mths Gold = 3 mths Orange = 3 mths Green = 3 mths
Phase 2 Purple = 3 mths Blue = 3 mths Brown = 3 mths Red = 3 mths
Phase 3 Black Stripe= 6 mths Prob. Black = 6 mths
Phase 4 Black Belt = 15 mths

It is Extremely Important that you make up all missed Classes

Ask About our Awesome Martial Arts Birthday Parties

Book Yours Today
705-444-0240

Each 90 minute party includes lots of games, pizza, juice, plus much more!

Just bring the cake & your camera, then sit back and enjoy... We do all the work!

"A Black Belt is a White Belt...That Never Quit!"